



## Itinerary for Region 11 Championships, Bozeman MT June 20<sup>th</sup> – 22<sup>nd</sup>

### Thursday June 20<sup>th</sup>

\*\* PENTATHLETES ONLY \*\*

- 9:00AM Depart Missoula for Bozeman  
*Departure location- South Gates Dornblazer Stadium (same location as practice).*
- 12:30 PM Arrive at Hotel-  
Holiday Inn and Suites  
2305 Catron St  
Bozeman, MT 59718  
406 582 4995
- 2:00 PM Depart for Track for Competition/ Warm Up  
*MSU Bobcat Track and Field Complex  
1 Bobcat Circle  
Bozeman, MT 59717*

### SCHEDULE OF EVENTS:

<https://static1.squarespace.com/static/5bc39acbf182049bcf6bdea/t/5d02d805cef0bd00013f38b6/1560467464776/RegionalsPassport2019-06-11.pdf>

- 7:00 PM Dinner-  
*TBD*
- 10:00 PM Athletes In Rooms  
10:30 PM Lights Out

\*\*\*Please note - all cell phones and electronic devices will be taken away and secured overnight (10:00 p.m. to 7:00 a.m.) This is to ensure all athletes get a reasonably good night sleep, free of distractions. If you have any questions or concerns do not hesitate

to contact the coaches and chaperones. The contact information is listed below. Athletes may also be reached by calling the hotel.

### **Friday June 21<sup>st</sup>**

- 6-10 AM Breakfast provided in Hotel
- 10:30 AM **TEAM DEPARTURE FROM MISSOULA**  
*Departure location- South Gates Dornblazer Stadium (same location as practice).*
- 2:00 PM Arrive at Hotel-  
Holiday Inn and Suites  
2305 Catron St  
Bozeman, MT 59718  
406 582 4995
- 3:00 PM Depart for Track for Competition/ Warm Up  
*MSU Bobcat Track and Field Complex  
1 Bobcat Circle  
Bozeman, MT 59717*

### **SCHEDULE OF EVENTS:**

<https://static1.squarespace.com/static/5bc39acbf182049bcf6bdea/t/5d02d805cef0bd00013f38b6/1560467464776/RegionalsPassport2019-06-11.pdf>

- 5:30 PM First Bus Departs for Dinner
- 7:30 PM Second Bus Departs for Dinner
- Olive Garden  
1553 N 19<sup>th</sup> Ave  
Bozeman MT, 59718
- 10:00 PM Athletes In Rooms
- 10:30 PM Lights Out

\*\*\*Please note - all cell phones and electronic devices will be taken away and secured overnight (10:00 p.m. to 7:00 a.m.) This is to ensure all athletes get a reasonably good night sleep, free of distractions. If you have any questions or concerns do not hesitate to contact the coaches and chaperones. The contact information is listed below. Athletes may also be reached by calling the hotel.

## Saturday June 22<sup>nd</sup>

6-10 AM Breakfast provided in Hotel

8:30 AM First Bus to the Track

10:00 AM Second Bus to the Track

*Track Location:*

*MSU Bobcat Track and Field Complex*

*1 Bobcat Circle*

*Bozeman, MT 59717Bozeman, MT 59717*

### SCHEDULE OF EVENTS:

<https://static1.squarespace.com/static/5bc39acfb182049bcf6bdea/t/5d02d805cef0bd00013f38b6/1560467464776/RegionalsPassport2019-06-11.pdf>

6:30 PM ETD from Bozeman (stop at Grocery Store)

10:00 PM ETA in Missoula  
*Pick Up same location as the drop off.*

### What to bring:

- Warm Up Gear (Jacket and Long pants) and Running Shoes
- Competition Racing Shoes (Not Mandatory)
- Mountain West Competition Uniform (Singlet and Jacket)
- Racing shorts (please make sure you have a pair of black racing shorts or tights)
  
- Please pack extra clothes for practice on Friday and increment weather (right now the weather forecast is good but we know it can change rapidly)
  
- We advise athletes to bring a packed lunch and snacks for Friday afternoon and a long day at the track on Saturday.
  
- Athletes leaving on **Thursday \$40 - \$60** for Dinner for 2 nights
  
- Athletes leaving on **Friday \$20 - \$30** for Dinner at Olive Garden.  
Please see menu items and prices here:  
<https://www.olivegarden.com/menu-listing/dinner>
  
- **\$15** for stop at Grocery Store for snacks on way home.
  
- Extra money for USATF SWAG on sale at the track (optional)

**COACHES:**

*D 406 529 2013*

*Hannah 406 493 2230*

*Hudson 406 396 2979*

*Dylan 406 529 1020*

**CHAPERONES:**

*Christina Weekin 406 370 5902*

*Tracy Weekin 370 5905*

*Sherese Lorenz 406 546 1829*

*John Lorenz 406 546 6644*

*Micki Crews 406 240 6185*

*Jeff Crews 406 360 6340*